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Manifesting your spirituality by learning how to manifest positive qualities

www.SeItAsPerfect.com Most persons are aware of both their positive and their negative qualities, feeling that perhaps they need to manifest more positive qualities such as peace, love, patience, humility and gratitude to mention a few. The challenge is that when we see our negative qualities, we tend to feel frustrated, weak and useless. Self-confidence and self-esteem are lowered, the effects of which spill over into our personal and business life. Distinctions between good and bad qualities are actually made in the limited and subjective mind

You can also find this article published on [Manifesting your spirituality by learning how to manifest positive qualities](#), and on the tag pages [Business Life](#), [Distinctions](#), [Gratitude](#), [Humility](#), [Learning](#), [Love](#), [Manifest](#), [Manifesting](#), [Negative Qualities](#), [Patience](#), [Peace](#), [positive](#), [qualities](#), [Self Confidence](#), [Self Esteem](#), [Spill](#), [Spirituality](#), [Subjective Mind](#).